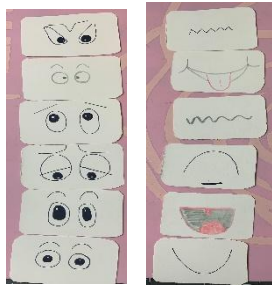


Feelings Game

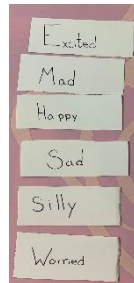
- Make a face without any eyes or mouth



- Make eyes and a mouth for your emotions; Happy, sad, mad, worried, silly, and excited.



- write out the name of each emotion.



- mix up the eyes and mouths.



- Everyone takes turns picking a card and matching the eyes and mouth with the emotion such as sad.



- Return the cards back to the bowl along with the blank face to the tray.



GAME EXTENSION:

When your child gets silly have them make the silly face on the blank face. Parents can also use this when feeling an emotion to help explain what and why they are feeling this way to their child.